

Homework 08: Interpersonal Problem Solving

Due Date: Friday, Mar. 30, 2018, 23:59

30 Points

For this homework assignment you will answer about interpersonal problems. There is no single correct answer for each problem, but your answers should derive from the application of interpersonal problem solving principles, and for each answer you should indicate which interpersonal problem solving principles apply to the answer.

Problem 1: [12 points] A young woman, a school teacher, married a salesman in September. During the school year both arose at the same time each weekday morning to go off to their respective jobs. When summer came, however the woman was able to sleep late, although her husband continued to rise for work at the usual early hour. To the wife's unhappiness, the husband was as noisy as ever in the morning. He walked heavily, he sang while shaved, he turned on the TV in the next-door room of their small apartment. The wife would lie in bed irritated every morning. Her impulse was to go to him and scold "You're so inconsiderate. Here I am trying to sleep and you're making the noise of an elephant! Didn't your folks ever teach you to be quiet when people are sleeping?" So far she had been able to surpass her anger and had not said these things. She felt, however, that she would explode any morning. She was afraid of a scene and an argument, but one of these mornings ...

Q1: notice the combination of fear and anger that the teacher is experiencing. What is the middle way?

Q2: what is "right speech" here?

Q3: how might she handle her anger?

Q4: Propose an adjustment solution for this situation.

Problem 2: [8 points] You share an apartment with three other students. The apartment has one telephone. One of the students has an overactive social life and monopolizes the phone. He makes and receives many calls; a single call might last for an hour. Your friends and family have complained that your line is always busy.

Q1: Brainstorm a hit. What suggestions can you come up with for handling the phone situation?

Problem 3: [10 points] A young married couple describe a running argument they have been having for some time. The wife likes the house warm and sets the thermostat at 70 F. the husband insists that that is wasteful and wants the thermostat set at 65 F. the wife, who works part-time, says that she is home a lot and is uncomfortable when it is cold. The husband insists that she can put on a sweater. The wife calls the husband a cheapskate and a penny-pincher. The husband insists that she's just spoiled, that he works hard for his money and doesn't want to see it going up the chimney.

Q1: What is called for here?

Q2: What suggestions might you make toward the solution?

Your submission for this homework assignment must be made to [Canvas](#).

This homework must be done individually.

Legibility counts.

All assignments must include the following pledge:

"I have not received unauthorized aid on this assignment. I understand the answers that I have submitted. The answers submitted have not been directly copied from another source, but instead are written in my own words."